



# Continuing Medical Education

## WATCH LEARN & EARN

Self-Study Module

## “Pharmacologic Management of Obesity”

*Created from a recording of the  
Monday, August 4, 2025, Monday Noon CME  
Conference.*



### GUEST PRESENTER

### Kevin Patellos, PharmD

Assistant Director of Pharmacy | Licking Memorial Health System

### Objectives

At the conclusion of this session, attendees will be able to:

- Understand when the addition of anti-obesity medications is indicated.
- Discuss the unique risks and benefits of various anti-obesity medications.
- Discuss the general cost trends as a barrier to access for anti-obesity medications.
- Implement appropriate anti-obesity medication therapy based upon patient specific comorbidities.

**Leamer Participation Threshold:** To obtain **AMA PRA Category 1** credit, the participant is required to listen/watch the recording in its entirety, complete the pre and post test and evaluation and return this to the CME Coordinator in the Medical Staff office.

**Accreditation:** Licking Memorial Hospital is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

**Designation:** Licking Memorial Hospital designates this enduring material activity for a maximum of **1 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Presenters Disclosure:**

Kevin Patellos, PharmD., faculty for this educational activity have no relationships with ineligible companies to disclose.

**Planners and Reviewers Disclosure:** The following Medical Education Planning and Library Committee members of this activity The following Medical Education Planning and Library Committee members of this activity \*Talya Greathouse, M.D., Chair, Vice President Medical Affairs; Bashar Alawad, M.D., Hospital Medicine; Emilia N.U. Anigbo, M.D., Pulmonology; Garth A. Bennington, M.D., Family Practice; Joseph E. Fondriest, M.D., Radiology; Talya Greathouse, M.D., Family Practice; Thomas Hagele, M.D., Dermatology; John P. Lazar, M.D., Pediatrics; Henry Y. Lu, M.D., Anesthesiology; May U. Mbah, D.O., Hospital Medicine; Elizabeth W. McIntosh, M.D., Family Practice; Nicole C. Miller, D.O., Pathology; D'Anna N. Mullins, M.D., Oncology; Gurunanthan Palani, M.D., Endocrinology; Elizabeth A. Yoder, D.O., Psychiatry; Virginia Andrews, R.N., Quality Manager; Jean L. Glaser, RPh, Pharm D, Director of Pharmacy; Stephen J. Gombos II, MT(ASCP), Director of Laboratory; Christine Long, BSN, RN, Risk Manager; Kimberly M. Mathis, Patient Experience Manager; Lorei A. Kraft, BS, MT(ASCP)SH, Assistant Vice President Laboratory and Oncology Services; Brian K. Thatcher, Director of Quality Management and Process Improvement; Angela J. Wallace, MSN, R.N., Director of Surgery; Kelsey Duke, R. N., Infection Preventionist, Janet Wells, Director Medical Staff Services, and Justine Minard, CME Coordinator, which are planners, reviewers, for this educational event. Individuals identified have no relevant financial relationship(s) with ineligible companies to disclose. These committee members are not personally compensated for their role.

### RESOURCES:

Lourdes Cross, Management of obesity, *American Journal of Health-System Pharmacy*, Volume 82, Issue 2, 15 January 2025, Pages 48–59, <https://academic.oup.com/ajhp/article-abstract/82/2/48/7777064?redirectedFrom=fulltext>

Grunvald E, Shah R, Hernaez R, et al. AGA clinical practice guideline on pharmacological interventions for adults with obesity. *Gastroenterology*. 2022;163(5):1198-1225. doi: [https://www.gastrojournal.org/article/S0016-5085\(22\)01026-5/fulltext](https://www.gastrojournal.org/article/S0016-5085(22)01026-5/fulltext)

#### **Activity Information:**

Created on 8/12/2025 Review Due: 8/12/2027

Activity Period: 8/12/2025- 8/12/2028

Activity Duration: 1 hour to complete.

Activity media: Video recording of Monday Noon CME.

Audience: Appropriate for all primary care and specialty physicians, along with clinical care partners and clinical staff.